

# PLASTIC SURGERY NEWS

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Welcome to the first edition of our **"Plastic Surgery News"**. As we approach fall and the holiday seasons, the weather and darkness reminds us that we should slow down and rest a little.

Here's your chance to take time out for yourself and rejuvenate. What better way than to treat yourself to better skin care this winter.

This is the year to make a commitment to healthier, younger looking skin.

Let us show you how.

## **"ATTENTION ALL CURRENT PATIENTS"**

**Call to schedule one of our many skin care treatments by November 30, 2008 and your treatment is on us! This is our "thank you" gift for you. It is our privilege to serve you.**

We would like to introduce you to our new medical aesthetician, Shawna Akin.

Shawna helped Providence Plastic Surgery in Mill Creek open their office to non-surgical cosmetic aesthetics almost seven years ago.

She returns to Providence Plastic Surgery after her most recent position as Director of Aesthetics for Calidora Skin Clinics. There, she managed seven clinics in the Seattle and Los Angeles areas.

It brings me great pride and pleasure to welcome Shawna back to our practice. In addition, she will be helping us grow our practice to include additional aestheticians to serve you better.

Stop by or call today to schedule a complimentary consultation and free facial with Shawna. You'll be glad you did! You can reach us at (425) 316-5080.

*Announcing our  
New Aesthetician,  
"Shawna Akin"*

- *Our skin is the ultimate interface between the world and us*
- *Our skin shields us from multiple and harsh environmental aggressors we literally "face" on a daily basis*



## Building Better Skin, By Shawna Akin

I have been in the medical aesthetics industry since retiring from a sixteen-year professional ballet career in 1999. Returning to Providence Physician Group brings me great pride and joy for what I can provide for the patient in an elite medical practice.

My role as your medical aesthetician at Providence Plastic Surgery is to care thoughtfully for your most visible part, your skin. Our skin is the ultimate interface between the world and us; in particular, it shields us from the multiple and harsh environmental aggressors we literally "face" on a daily basis. Any disturbance to this slightly acidic barrier can result in dryness, breakouts, irritation, roughness, and discoloration that ultimately accentuate chronological skin aging. By balancing and supporting this most important organ, which protects, holds moisture and nutrients, and combats adverse environmental factors, the vital structures of the dermis are better preserved. In addition, healthy, conditioned skin responds better to corrective procedures and can help maximize long-term results.

Common skin conditions such as acne, rosacea and sensitive skin can be treated successfully with the plethora of medical aesthetic options available at Providence Plastic Surgery. In addition, unsightly brown spots, broken capillaries and unwanted hair can be removed safely and efficaciously using the latest laser/light technologies.

Please come in for a complimentary aesthetic consultation and let me do what I love to do, care for your skin.

Sincerely, Shawna



### ATTENTION BOTOX PATIENTS!

If you've had three Botox treatments at our office, NOW receive a 15% lifetime discount off all successive treatments. That shouldn't make you frown!!



Visit us on the Web at:  
[www.drwindle.com](http://www.drwindle.com)

## OUR FALL SPECIAL FEATURE



**Finally, a Wrinkle Filler that is made to Last, and Last, and Last!!!**

*Schedule your Artefill injection during the month of October and November 2008 and receive a free second syringe.*

(In addition, receive a \$300.00 American Express gift card with any 0.8 cc syringe  
Gift card offer good through 12/31/2008)

**LOOK GREAT FOR THE HOLIDAYS AND FOR YEARS TO COME**

